

Healing and Hypnotherapy Online

Hypnotherapy · Counselling

Terms of Service

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Thank you for your interest in Healing and Hypnotherapy Online. Please read these Terms of Service carefully before booking a session. If you have any questions, feel free to reach out – we are here to support you.

Article 1 — Service Provider

Provider: Taeko Yamada

Credentials: Master of Social Work (MSW, Monash University), Certified Public Psychologist — Japan (CCP), NGH-Certified Hypnotherapist, ABH-Certified Trainer

Website: healinghypno-online.info **Email:** admin@healinghypno-online.info

Article 2 — Services Offered

The following sessions are provided online via Zoom or Google Meet:

- Initial Consultation – 30 min / ¥3,000
- Psychological Counseling – 1 hr / ¥10,000
- Hypnotherapy Individual Session (2–3 hrs) / ¥30,000
(Includes: Inner Child Therapy, Past Life Regression, Grief Hypnotherapy, Self-suggestion for habit change — smoking cessation, weight management, goal achievement, etc.)
- Past Life Regression Group Session (3 hrs) / ¥15,000
- Hypnotherapy Foundation Course — 2-day workshop (details provided separately)

* Fees are subject to change. Please confirm current pricing at the time of booking.

Article 3 — Geographic Availability & Scope of Services

3-1 Residents of Japan

All services listed in Article 2 are available.

3-2 International Residents (Outside Japan, excluding the United States and Canada)

Hypnotherapy and Past Life Regression sessions are available without restriction. Psychological Counseling and Initial Consultation are not provided as a general rule; however, depending on the laws and licensing requirements applicable in your country of residence, we may offer these services on a case-by-case basis following an assessment at the Initial Consultation. If we determine that Psychological Counseling cannot be appropriately provided, we will recommend a Hypnotherapy session instead.

3-3 Residents of the United States and Canada

Due to licensing regulations applicable in the United States and Canada, services that constitute psychotherapy or psychological counseling under applicable law cannot be provided to residents of these countries.

Hypnotherapy and Past Life Regression sessions remain available, provided that these sessions are conducted for purposes of self-development, personal growth, or general wellness, and not for the diagnosis, treatment, or cure of any mental health condition (see Article 4-2).

Article 4 — About Hypnotherapy

4-1 Definition

Hypnotherapy is a complementary wellness practice that uses a state of deep relaxation (hypnotic state) to access the subconscious mind, supporting positive shifts in thought patterns, emotions, and behavior. It encompasses a range of approaches including Inner Child Therapy, Past Life Regression, Grief Hypnotherapy, and self-suggestion for habit change (smoking cessation, weight management, goal achievement, and more).

4-2 Not a Medical Treatment

Hypnotherapy is not a form of medical treatment, psychiatric care, or psychotherapy. It is not intended to diagnose, treat, cure, or prevent any condition, and does not replace professional medical or mental health care.

4-3 Your Safety

During all sessions, you remain fully conscious and in complete control. You may end the session at any time. Nothing will be done against your will. You are always in a safe and supportive space.

Article 5 — Booking & Cancellation Policy

5-1 Booking

All sessions are by appointment only. Please use the online booking form on our website. A confirmation email will be sent upon booking.

5-2 Client Cancellations

- Cancellation or rescheduling more than 24 hours before the session: Full refund or free rescheduling
- Cancellation within 24 hours or no-show: No refund

In the event of a genuine emergency, please contact us directly and we will do our best to accommodate.

5-3 Therapist Cancellations

If a session must be cancelled by the therapist, you will be notified promptly and offered a full refund or rescheduling at no charge.

Article 6 — Fees & Payment

Session fees are as listed in Article 2. Full payment is required before the session begins.

For workshops and group sessions, places are limited and filled on a first-come, first-served basis. Early booking is recommended.

Accepted currencies and payment methods will be communicated individually upon inquiry.

Article 7 — Health Screening & Contraindications

To ensure your safety, please inform us before booking if any of the following apply to you:

- Schizophrenia, dissociative disorders, or severe depression (without written approval from a treating physician)
- Epilepsy (without written approval from a treating physician)
- Currently under the influence of alcohol or substances
- First or third trimester of pregnancy (second trimester may be possible with physician approval)
- Serious cardiac conditions

For clients residing in the United States or Canada wishing to receive a Past Life Regression session, we will confirm at the Initial Consultation that the session is intended for self-development, personal growth, or general wellness purposes, and not for the diagnosis, treatment, or cure of any mental health condition.

If you have any other health concerns, please discuss them with us prior to booking.

Article 8 — Privacy & Confidentiality

All personal information and session content are handled with strict confidentiality.

Information will not be disclosed to third parties except in the following circumstances:

- With your explicit written consent
- When required by law
- When there is an imminent risk to your safety or the safety of others

Article 9 — Disclaimer

Results from hypnotherapy sessions vary between individuals. No specific outcome is guaranteed.

Our services are not a substitute for medical treatment, psychiatric care, or licensed psychotherapy. Please consult your physician before making any changes to existing treatments or medications.

We cannot be held responsible for disruptions due to technical issues beyond our control.

Article 10 — Agreement

By booking a session, you confirm that you have read and understood these Terms of Service and agree to be bound by them.

We are committed to providing a safe, inclusive, and compassionate space
for every client, regardless of background or identity.

We look forward to supporting you on your journey.

— Taeko Yamada —